For Release: Survivor Stomp 5k Run and 1.4 Mile Walk

In honor of Sexual Assault Awareness Month, Domestic and Sexual Abuse Service will host a Survivor Stomp 5k run and 1.4 mile walk event April 30, 2016. Event participants will run and walk in support of survivors and in memory of those who have lost their lives to domestic and sexual abuse in our communities. This is a chance for families, businesses, social clubs and the community as a whole to support programs that provide life-changing opportunities and help break the cycle of violence in our schools, neighborhoods, and homes. The Survivor Stomp will not only provide funding to support the work of DASAS, but also offers an opportunity to engage with our community and share information about the services we offer and the work we do each day.

DASAS is seeking business, individual, and groups sponsorships for the event. Sponsor packets can be found on the agencies’ website as [www.dasasmi.org](http://www.dasasmi.org), by contacting Kim Kramer at [kimk@dasasmi.org](mailto:kimk@dasasmi.org) or by calling 269-273-6154 ext. 102.

The Survivor Stomp start time is 9am with same day registration held from 8am—8:45am. The run registration fee is $25.00 for adults and $15.00 for children 12 and under. Registration will include a free t-shirt and a survivor sticker to be worn during the event. There is no registration fee for the walk, but participants are asked to collect pledges from family, friends and co-workers. Walk participants will receive a free t-shirt with a minimum of $25 in pledges and a survivor sticker will also be provided. For more information and to access registration, visit [www.dasasmi.org](http://www.dasasmi.org) or www.raceentry.com/races/survivor-stomp-5k/2016/register.

Funds generated through DASAS’ Walk a Mile in her Shoes event support the programs and services of Domestic and Sexual Abuse Services. The mission of DASAS is to empower women, children and their families, and to eliminate domestic violence and sexual assault. DASAS has provided services to thousands of residents of Cass, St. Joseph and Van Buren Counties for the last 30 years. DASAS provides programs in the areas of sexual assault and domestic violence, including: prevention, supportive counseling services, comprehensive advocacy services, support groups, emergency shelter program, and emergency outreach programs.

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